

STORMONTH PHYSICAL EDUCATION

The goal of our Physical Education Program is to enhance the learning process by making the classes enjoyable as well as educational. One objective is for the student to understand how important physical activity (exercise) is to maintain an active lifestyle throughout their life. Teamwork, physical skills, social skills, and sportsmanship are also heavily focused upon during each activity.

PE class expectations and general rules

- Athletic shoes required
- Wear comfortable clothes
- No hats or hoods
- No gum or candy
- No water bottles in the gym

- **NOT ACCEPTABLE FOOTWEAR:** Crocs, Hiking boots, Boots, other non-athletic shoes

*students will not be allowed to participate if they do not have proper footwear.

We will try to have extra shoes in many sizes that the students will have to borrow if they forget theirs.

MEDICAL POLICY

1. If a parent/guardian does not want their child to participate for 1 or 2 days because of illness or minor injury, a note from home will be needed for the student to be excused from class.
2. A physician's statement will be required if an absence of **3 or more successive days** occurs. You are urged to obtain medical documentation with each doctor's visit. If the student will then need to be released by the doctor in order to participate once again.
3. A student with a medical excuse or a note from home, will ?????????

There is no gum allowed in the gym.